

# CURRICULUM VITAE

## PERSONAL DETAILS

Name: **UMARU KAMARA**  
Email: [bigshake2021@gmail.com](mailto:bigshake2021@gmail.com)  
Phone No: +971 588928280  
Nationality: Sierra Leonean  
Marital Status: Married  
Language: English  
Passport No: ER248425  
Gender: Male  
Visa Status: Visit Visa  
Address: Dubai UAE



## POSITION: GENERAL HELPER

### CAREER OBJECTIVE

Reliable and adaptable General Helper worker with an agreeable disposition and a stellar customer service ethic. Adept multitasked with abilities to handle a number of workplace responsibilities with accuracy and efficiency. Able to lift and carry heavy objects repeatedly and for prolonged periods of time.

### CORE QUALIFICATION

- ✦ Wide experience in a variety of types of physical labor
- ✦ Robust physical stamina for performing strenuous and repetitive tasks
- ✦ High ability to follow written and oral instructions
- ✦ Strong basic mathematical skills
- ✦ Excellent grasp of safety guidelines for a variety of job contexts
- ✦ Good oral and written communication abilities

### WORK EXPERIENCE

Company : **CHOIRTHARAM FACTORY– SEIRRA LEONE**  
Position : General helper  
Duration : 3Years

- Pushed, lifted, and carried warehouse crates weighing
- Operated pickup trucks and other company vehicles as required.
- Ensured cleanliness and functionality of warehouse equipment on a regular basis.
- Substituted as needed for ill or absent warehouse employees.
- Welcoming and helping clients who visit the branch.
- Delivery helper
- Preparing deliveries for the van drivers.
- Moving and organizing stock.
- Ensuring a clean and safe workhouse for staff to work in.
- Maintaining the record of goods shipped and received
- Checking documentation of cargo and classify them as per tariffs
- Advising clients regarding payment methods and transportation of their good.
- Cross checking the items received against the invoices & record the missing goods
- Performed minor repairs and general facility maintenance tasks as required by supervisor.

## **PERSONAL SKILLS**

- Knowledgeable about relevant safety rules and procedures
- Able to lift and carry up to 80 pounds
- Able to work at significant heights and utilize appropriate safety gear
- Quick to learn new skills
- Detail-oriented in following instructions and carrying out tasks
- Flexible in providing support for varying specialty labor as needed

## **ACADEMIC QUALIFICATION**

- High School Education – Sierra Leone

## **HOBBIES**

- Travelling
- Learning new skills
- Reading books

## **LANGUAGES**

- English

## **DECLARATION**

I here by declaring that the above provided information is true and holding all certificates stated above and I promise to work hard to reach employers demands and satisfaction of the end users of the service.

**ISHMAIL TURAY**